

# *Meditate... Contemplate... Celebrate!*



with Saraswati Rain

**Saturday, March 1, 2014**

*at Earthaven Ecovillage*

*Afternoon Session 1 - 5:30 pm*

*Evening Session 7:30 - 9:45 pm*

**Join Saraswati and local musicians\*** for an afternoon and evening of practice in sacred traditions from around the world.

Exploring the relationship of stillness to movement, and silence to sound, we will weave Inter-Faith dances and songs with contemplative meditation.



Join us for one or both sessions.

Suggested sliding scale: afternoon \$15-50; evening \$10 – 25

Dinner by reservation: \$10

**SARASWATI RAIN** brings light and liveliness to the meaning and practice of sacred song and dance. She is a Spiritual Mentor, Minister, Dance of Universal Peace Mentor, and Sufi Ruhaniat enthusiast!

Directions at [www.earthaven.org/visiting](http://www.earthaven.org/visiting)

Contact Arjuna at 828 669-0114 or email  
**culturesedge@earthaven.org.**

**\*If you would like to join the musicians, please let us know!**

“The Dances of Universal Peace and Zikr are an excellent way to prepare for meditation and meditation is an excellent way to prepare for the Dances of Universal Peace and Zikr.”

~ *Murshid Samuel Lewis*